



RBC EmployeeCare Program

Concerned About an Older Adult and Alzheimer's disease? How RBC EmployeeCare Can Help

Have you ever wondered whether an older friend or loved one's forgetfulness or confusion might be the onset of Alzheimer's disease, or simply normal signs of aging? If you're a family member or friend of an older adult, you likely have many questions and concerns about their well-being and how to ensure they're receiving the care they need – particularly if they're showing signs of Alzheimer's disease or other types of dementia. Contact the [RBC EmployeeCare Program](#) any time, 24 hours a day, seven days a week, to speak with a caring, professional elder care consultant who can provide expert advice and reliable information about older adult health and dementias, including:

- the signs, symptoms and progression of Alzheimer's disease
- planning for the care of an Alzheimer's patient, including medical, legal and financial needs
- understanding and navigating the healthcare system, and how to access the care and support you need
- handling caregiver stress and building a support network

Or, go online to www.lifeworks.com to access helpful resources related to caring for older relatives:

- *Caring for a Loved One with Dementia (podcast/article)*
- *Confusion Among Older People*
- *Alzheimer's Disease: Signs, Symptoms and Strategies to Enhance Quality of Life*
- *Overcoming Obstacles to a Fair Division of Caregiving Responsibilities*
- *Talking with Your Siblings About Your Older Relative's Needs and Care*
- *Caregiver Stress and Finding Support*

We're here for you 24/7. Contact RBC EmployeeCare any time to speak with a caring, professional consultant:

Toll-free: 1.800.667.3400 TTY: 1.877.616.4422

www.lifeworks.com

User ID: rbc; Password: rbccanada