



PREMIER NATIONAL PARTNER



RBC Olympian **Sarah Mitton**



SPORT
Athletics

HOMETOWN
Brooklyn, NS

In 2023, Sarah achieved a significant milestone by becoming Canada's first World medallist in the Shot Put. She remains deeply connected to her Nova Scotian heritage and has her eyes set on bringing an Olympic medal home from the 2024 Olympics in Paris.



Tokyo 2020
Olympian



2023 Pan American
Gold medallist



2023 World
Silver medallist