

SPORT Sailing

HOMETOWN Toronto, ON

Sarah exemplifies excellence both on and off the water. As a leader in equity and inclusion, she actively contributes to Sail Canada's D&I Committee. At the Tokyo 2020 Olympics, Sarah made history with a 6th place finish - the best result by a Canadian woman in an individual Sailing event.



Tokyo 2020 Olympian



Games Silver medallist



2023 Pan American 2019 Pan American **Games** Gold medallist