



PREMIER NATIONAL PARTNER

RBC Olympian **Lois Betteridge**

SPORT

Canoe-Kayak - Slalom

HOMETOWN

Ottawa, ON

Lois Betteridge is an accomplished slalom canoeist. As a 5-time Canadian Champion, Lois's journey has been marked by dedication and perseverance, which most recently helped her win a silver medal at the 2023 Pan American Games in Chile. Lois has her eyes on the 2024 Olympics in Paris, where she looks to compete at her first games.



**2x Pan American Games
Silver medallist**



**5x National
Champion**