

RBC Olympian

Cynthia Appiah

SPORT **Bobsleigh**

Toronto, ON

Cynthia graciously made the jump from an outstanding college career as a Shot Put athlete, to a Bobsled track. Within two years, she was reeling in gold medals as a brake woman on the North American Cup circuit.



Beijing 2022 Olympian



2019 North American Cup Champion



2022 World Cup 3rd Overall -Monobob