



RBC Olympian

# Amanda Rummery



SPORT

**Para Athletics**

HOMETOWN

**Sherwood Park, AB**

In 2018, Amanda's arm was amputated after an ATV accident in 2015, and she now competes with her affectionately-self-named 'nub'. The following year, Amanda broke the Canadian record in the 100m, 200m, and 400m events. Amanda hopes to raise awareness around Para Sport and help others with a disability live a healthy and active lifestyle.



**2023 WPA World Para  
Championships  
4th Overall (400m)**



**Canadian Record Holder  
(100m, 200m, 400m)**