

SPORT **Sailing**

HOMETOWN Kingston, ON

Ali ten Hove, a sailing prodigy from Kingston, set sail at the age of 8 and is now a stalwart on Canada's National Sailing team. A fierce advocate for women in sports, Ali, a 2018 Queen's University Mechanical Engineering graduate, champions excellence while inspiring young athletes to dream big.



Tokyo 2020 Olympian



2023 Pan American Games Silver medallist