

# Milaine (Mylene) Thériault

## 2011 RBC Olympian

**Sport:** Cross-Country Skiing

**Hometown:** St. Quentin, NB

**Current Residence:** Canmore, AB

### Career Highlights:

Canadian Champion — 1993, 1998, 1999, 2000

2nd place — 2001 World Cup Relay

8th place — 2002 World Cup

Member of Canadian National Team for 12 years

### Milaine's Bio:

Milaine Thériault, a St. Quentin, NB native and currently residing in Canmore, AB has a 16-year career in Cross-Country Skiing. She participated in three Olympic Winter Games — Nagano 1998, Salt Lake City 2002 and Torino 2006, and was on the Canadian National Team for 12 years.



She is a 4-time Canadian Champion, and placed 2nd at the 2001 World Cup Relay and 8th at the 2002 World Cup.

Now that Milaine has retired from her sport, she is pursuing her Finance degree with Mount Royal University. She continues to stay connected in the world of cross-country skiing by volunteering and enjoys spending time with her husband and son.

### Athletic Goals:

I have retired from sports. I'm now pursuing a bachelor's degree in finance.

### Favourite Olympic/Sporting Moment:

My favourite Olympic and sporting moments include being placed among the Top 10 women of cross-country skiing in the World Cup just after I began competing internationally, entering the Olympic Stadium during the Olympic ceremonies, and watching my teammate Beckie Scott win the very first Olympic medal for Canada in cross-country skiing in 2002.

### Best Advice You've Ever Received:

Work on things over which you have some control, not on things that are beyond your control.

### Being an RBC Athlete Means...

I'm very proud to represent a company that takes the initiative to help amateur athletes. Being an RBC Olympian gives me the chance to tell my story as an Olympian and to inspire young people — our future Olympians. For me, it's a great opportunity to learn and to be in an environment where I hope to work one day.



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