



Fiona Smith-Bell 2011 RBC Olympian

Sport: Ice Hockey

Hometown: Edam, SK

Current Residence: Stonewall, MB

Career Highlights:

Silver Medal — 1998 Olympic Winter Games, Nagano, Japan
1997 and 1998 World Champion

Fiona's Bio:

Fiona Smith-Bell won a Silver Medal as a member of the Women's Ice Hockey Team at the Nagano 1998 Olympic Winter Games. In addition to her Olympic Games medal, she holds two World Championship titles. Her experience in competitive sport has taught her the importance of being part of a team.

Athletic Goals:

To cherish every moment with my family and to encourage my two boys, Kian and Jaxon, to have great morals and values.

Favourite Olympic/Sporting Moment:

I would have to say it was in 1998 — marching in with all of the Canadian athletes and feeling such a great sense of pride and unity.

Best Advice You've Ever Received:

It's not the size of the dog in the fight, it's the size of the fight in the dog! Practice how you play and never give up on your dreams.

Being an RBC Athlete Means...

I'm honoured to be an RBC Olympian as it gives Canadian amateur athletes an opportunity to share experiences coast to coast. RBC is a company that believes in Olympic values and the importance of supporting amateur and retired athletes in Canada.



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