ISSUE 2, 2016



Keeping in Touch A PUBLICATION FOR RBC PENSIONERS



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RBC Archives

A Message from the KIT Team

Dear RBC Pensioner,

We sincerely enjoy hearing from you, our readers, especially when you share memories from your working days and updates about new careers, adventures and experiences.

Emails from Janice Eichner and Lou Corciega landed in our inbox and as a result, we're pleased to profile them in this edition. Retirement has allowed them to spend more time on their interests and they are thriving.

Mariana Rogers also sent us an email in which she wrote, "I retired a number of years ago and didn't realize that one stays a member of our RBC family forever." Mariana referred to two recent experiences in which the branch employees came to her aid. In one instance, she was far from home when she needed "the facilities" and directions. In another, the staff helped her trace a parcel that had gone astray.

While Mariana is not suggesting we take branch employees away from their first priority – serving clients – she offers this advice, "If you have a problem and there is a Royal Bank, go in, explain your problem and a member of this wonderful family we belong to will help you if at all possible."

This helpful attitude is still evident in the many Keeping in Touch readers who volunteer extensively. If you devote at least 40 hours annually to a not-forprofit organization or you aspire to spend more time volunteering but need just a little more motivation, see the insert that explains how the program works.

Finally, be sure to read the RBC Archives article about the "branch revolver". We're hoping to hear from many of you who have recollections related to this unusual story from RBC's past.

Till next time, happy reading.

Correction: In the previous edition of Keeping in Touch, we listed RBC email addresses to contact with a change of mailing address, pension or benefits questions, or general questions unrelated to this publication. The email address we provided for a mailing address change should have been <u>hrscpensions@rbc.com</u>. In fact, this is the only email address you need to keep handy for any change, notification or inquiry.

Highlights from the Quarter

Here are some highlights from RBC's second quarter results of 2016.

WEALTH MANAGEMENT

In February, RBC Global Asset Management announced fee reductions on 85 mutual funds to bring our lowest fees to Canadian investors. Our leadership on low fees has helped us earn our clients' confidence, and become Canada's largest mutual fund provider. RBC Dominion Securities was voted #1 overall for the 10th year in a row among bank-owned firms in the annual Investment Executive Brokerage Report Card, based on a survey of Investment Advisors. And RBC Private Banking won best "Canadian Private Bank" for the third consecutive year in the Family Wealth Report Awards.

INSURANCE

RBC Insurance was one of the first on the scene to help evacuees during the devastating Fort McMurray wildfires. Our mobile claims advisors and advice centre teams handed out gift cards and cheques to cover immediate costs for food, shelter and necessities, managed



payment deferrals, and started the claims process. Our response reinforced for our clients that they can count on us during moments of need.

CAPITAL MARKETS

Our efforts in advocating on behalf of our clients for fairer, more transparent markets were recently highlighted in a New York Times story featuring the work of our Global Equities group in uncovering hidden rebates and fees on exchanges. Our diversified global platform and client commitment was shown through several high-profile transactions, including the bridge and equity financings for TransCanada's acquisition of Columbia Pipeline, the largest acquisition financing in Canadian loan market history.

INVESTOR & TREASURY SERVICES

I&TS was appointed global custodian for the €5bn rescue fund for troubled Italian banks and managed by our client, Quaestio Capital Management. We were also successful in attracting additional asset services from prominent sovereign wealth fund, Brunei Investment Agency. Our clients voted I&TS as the #1 Global Custodian in two leading industry surveys: the 2016 Global Investor/ISF magazine Global Custody Survey (for the sixth consecutive year) and the 2016 R&M Investor Services Survey.

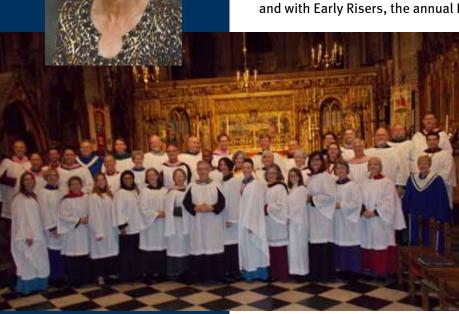
Janice Eichner

- First joined RBC in 1973
- Retired in 2007
- Role prior to retirement: Head of Marketing Communications, RBC Global Services

A Musical LIfe Hits a High Note

In 2014 Janice Eichner hobbled onto the stage at a world famous landmark, poised to fulfill an unusual promise. She took her place, the only woman tenor in the choir, and joined 39 other voices, filling London's Westminster Abbey with sacred music and carrying on a millennium-long tradition of choral music.

The journey leading to that performance began when Janice was a child. "My family was musical so it was always part of my life," she recalls. Singing lessons at Toronto's Royal Conservatory of Music and involvement with several musical groups brought her close to a recording contract. "It was a huge hobby, almost a second career. But we were never going to get rich," laughs Janice. So she joined RBC in Toronto but kept her singing voice active by performing in vocal groups and with Early Risers, the annual RBC Christmas season fundraiser.



Musical friends in the United States urged Janice to join a choral course in Raleigh, North Carolina. Similar to a week-long summer camp, highlighted by a performance in the chapel at Duke University, Janice returned year after year. Through the course, she successfully auditioned for an international choir and that's when the trajectory of Janice's musical journey took off. She remains the only Canadian with the US-based choir and when the group was invited to Westminster Abbey for four performances during services between Christmas and New Year's 2014, she knew the once-in-a-lifetime experience would be the pinnacle of her vocal career.

Preparation for the services was intense. In addition to learning close to 30 pieces of sacred music, "We had to sign a paper promising to be noteperfect." Such a promise requires outstanding commitment and determination, two qualities that were tested when Janice had an accident on the second performance day. "I was walking across Westminster bridge when I fell and broke my foot," explains Janice. "Normally, I would have fainted but I was determined to perform that night so I didn't go to the hospital until the next day." Janice endured the pain and stood on stage with a cast and crutches for the remaining performances. Yet, she describes the experience as "sublime beyond description," thanks to the grandeur of the 960-year old venue where a choir has performed daily, even through two world wars.

Janice's heady experience at the Abbey cannot be outdone, yet she continues to thrive with her local choir and performs at cathedrals annually with the international choral group, such as this year at the National Cathedral in Washington, DC. She's now looking forward to next February at Grace Cathedral in San Francisco and continues to be inspired, energized and joyful, having struck the perfect note with her lifelong love of music.

Janice Eichner, pictured recently (top) and at Westminster Abbey (bottom) in 2014. Janice explains: "I'm on the far right in the blue gown, trying to hide my crutches."

Tips for a Healthy Summer

By Khalil Sivjee, MD, FCCP, FRCPC Chief Medical Director, RBC Cleveland Clinic Canada



For our entire lives, most of us have really looked forward to the summer. When we were younger, it was about being free from school and all that homework. Later in life, summer was when we could finally put away those coats and boots, experience the great outdoors, and tend to our gardens. People generally feel healthier and happier in the summer than they do when Jack Frost is nipping at their nose. While summer time is great for the roses, it can pose serious hazards to your health. How?

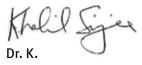
First of all, people tend to spend more time in the sun during the summer months. This exposure to the sun's ultraviolet rays is a known cause of cancer and is grouped with smoking, alcohol, and processed meats as Type 1 carcinogens, which are the most dangerous, according to the International Agency for Research on Cancer. Those same rays also cause cataracts and researchers at Johns Hopkins Wilmer Eye Institute concluded, "There is no safe dose when it comes to the sun's ultraviolet rays and the risks of cataracts."

Secondly, as we age, we have less water in our bodies and our ability to perceive dehydration is diminished. Couple this with the fact that we lose water quickly during hot days in the summer and we now have the set up for many heat-related illnesses like hyperthermia and heat stroke. So what can we do to protect ourselves? Here are a few tips to help us enjoy summer activities and avoid some of its dangers:

- 1. Choose and use the right sun screen: Your sun screen should be at least SPF 30 and you should use at least a shot glass full to fully cover your exposed skin. Broad brimmed hats that protect your ears and neck help and some even block UV radiation.
- 2. Always wear sunglasses when outdoors: Besides blocking the UV rays, sunglasses protect your eyes from pollutants and pollens. And you can look really fashionable in them!
- 3. Hydrate: Drink at least one medium size bottle of water (350 ml) for every two hours you spend outdoors. Try and limit caffeine containing refreshments like iced coffee and iced tea as they will further dehydrate you.

For more tips for seniors in the summertime please visit <u>https://health.clevelandclinic.org/2013/07/seniors-stay-safe-in-the-heat-video/</u>

Healthy Regards,





In 2015, RBC donated \$1,315,191 through the Employee Volunteer Grants program; total community donations and sponsorships exceeded \$100,000,000.

Calling all Volunteers: Can you make use of the RBC Volunteer Grants Program?

Last year alone, this publication highlighted the volunteerism of retirees who have delivered hospital programs, raised funds for medical research, assisted African grandmothers, saved the lives of street cats and helped with Canada's hosting of the Pan Am/Parapan Am Games.

Though the volunteers were attracted to different causes, the personal benefits they cited shared common themes: drawing closer to their community; feeling motivated by making a difference; building deep friendships and developing new interests.

RBC appreciates these benefits and the value volunteering plays in helping communities prosper. To support the efforts of retirees, RBC will contribute up to \$500 per year to the charitable organization at which you volunteer, if you donate at least 40 hours of time yearly to a registered charity or public school. To find out more, please refer to the Employee Volunteer Grants Program form enclosed with this publication. Simply complete and return the grant application included in this issue. The form is also available at www.rbc.com/pensioners/vol_grantprog.html

The application deadline is **October 1, 2016**, or you may complete it as soon as you've accumulated 40 hours of volunteer time. You may submit a grant application each year. Eligibility information and details about the program are located on the back of the grant application.



2016 RBC VOLUNTEER GRANTS PROGRAM RETIREE GRANT REQUEST FORM

TO BE COMPLETED BY VOLUNTEER

Name:	Home Phone:
Email:	
Your Home Address: (chequ	es made payable to the charity will be mailed to your home address)
Street	City
Province/Territory	Postal Code
Name of Charitable Organiz	ation Where You Volunteer:
Length of time you have bee	en volunteering with this charity?
Total # hours volunteered to	date:(Since Nov 01/2015 – based on RBC fiscal year)
Address of Charitable Organ	nization Where You Volunteer:
Street	CityProv/Terr
Postal Code	Org. website:
Contact Name at Charity:	Telephone:
Canada Revenue Agency (CF	RA) Registration #: BN RR RR
Note: this number is required by an organization to receive an RBC Employee Volunteer Grant	
	tions department may share information regarding my volunteer work retirees and the public for recognition and publicity purposes. No (<i>please tick one</i>)
To receive a grant in suppor be attached to this form:	t of the above charitable organization, all of the following information MUST
 A brief descripti estimated total 	on of the purpose and mandate of this charity. on of the project, how the grant funds will be used, and the cost of the project. of how your volunteer time was spent.
INCOMPLETE OR ILLEGIBLE A	APPLICATIONS WLL BE RETURNED.
	nteer in the charitable organization for the number of hours stated. Sed to support the described project.
Signature of Volunteer:	Date:
RBC Emp RBC Cor RBC Cen Toronto,	on package no later than <u>October 1st, 2016</u> to: bloyee Volunteer Grant Program Coordinator porate Donations tre – 18th Floor, 155 Wellington Street West, ON, M5V 3K7 16087 or employeevolunteer@rbc.com



2016 Application deadline: October 1, 2016

Do I qualify for an Employee Volunteer Grant?

All RBC employees and retirees living in Canada may apply. If you volunteer a minimum of 40 hours a year at a registered charity or publicly funded school, RBC will contribute up to \$500 per year to the charitable organization at which you volunteer.

Does my volunteer time qualify?

To qualify, your volunteer hours should include your personal time spent directly involved with the charity's programs, projects and initiatives. Volunteer hours spent with a third party to fundraise 'on behalf' of a charity do not qualify. Your volunteer time must have accumulated since November 1, 2015 to qualify for a 2016 fiscal year grant. You may apply for only one grant per fiscal year.

Does my charitable organization qualify?

A single local organization or local chapter of a charity designated as a **"charitable organization" by Canada Revenue Agency (CRA)** may be eligible. A 15-character registration number issued by Canada Revenue Agency (CRA) denotes this designation. The Employee Volunteer Grants Program follows the guidelines established for the RBC Donations Program. Organizations that are ineligible are listed below.

Ineligible organizations:

- Federated appeal agencies such as United Way, Centraide etc.
- Individual pursuits raising funds for a charity (i.e. pledged 10K run)
- Lobbying or advocacy groups
- Organizations for which a volunteer receives any personal compensation
- Organizations that are not registered charities
- Political organizations or parties
- Private foundations and private (i.e. fee-based) schools
- Programs that are the responsibility of the government through taxation (i.e. parks), with the exception of schools
- Projects taking place outside of Canada
- Religious organizations (except for secular activities such as operating a home for the elderly open to those of all faiths)
- Service clubs, fraternal organizations, or third parties raising funds for a charity
- Youth sports teams, unless a federally registered charity

How the money may be used

Donations given under the Employee Volunteer Grants Program must be directed at specific projects, not general budgets. The project must be taking place in the present or the future. Funds will not be provided for past projects. The total project cost must equal or exceed the total grant amount requested.

What happens when a grant application is submitted?

The grants administrator will review your application to ensure proper completion and eligibility within the guidelines. A portion of all applications will be selected randomly on an on-going basis for verification with the listed charity.

Once you have submitted your application, please allow up to six weeks to receive a response. Once approved, a cheque made payable to the charity at which you volunteer will be mailed to your home address as provided in the application.

For more information on RBC's Employee Volunteer Grants Program Contact the program coordinator at e-mail <u>employeevolunteer@rbc.com</u> **ISSUE 2 • 2016**

Keeping in Touch Retirements

MARCH 2016

Arsenov, Albertina Department Manager Toronto, ON Joined September 7, 1976

Beaudoin, Diane Financial Advisor Montreal, QC Joined April 2, 1984

Beaulieu, Cindy Associate Account Manager Victoria, BC Joined September 22, 1986

Biggar, Paulette Mortgage Specialist Calgary, AB Joined November 1, 2000

Biles, Bill Financial Planning Consultant Delta, BC Joined March 1, 2008

Bliss, Joanne Financial Planner Thunder Bay, ON Joined June 16, 1975

Bolt, Lillian Client Advisor Otterville, ON Joined June 7, 1988

Bouchard, Debbie Client Advisor Winnipeg, ON Joined January 7, 2002

Bradshaw, Patricia Account Services Agent Toronto, ON Joined December 6, 2004 **Burn, Marion** Financial Planner Exeter, ON Joined January 6, 2004

Comeau, Paulette Client Advisor Meteghan, NS Joined September 23, 1985

Coombes, Linda Client Care Advisor Quispamsis, NB Joined March 29, 2004

Coutts, Judy Client Advisor Nepean, ON Joined February 3, 2003

Denault, Sylvie Branch Manager Beloeil, QC Joined May 24, 1977

Dominick, Linda Manager Customer Care Toronto, ON Joined August 7, 1972

Donnelly, Maureen Project Manager Mississauga Oakville, ON Joined September 20, 1999

Dubsky, Fiona Director, Business Risk Montreal, QC Joined April 30, 1973

Dwernichuk, Mary Financial Advisor Flin Flon, MB Joined February 24, 1975

Fahner, David Delivery Manager Client Services Toronto, ON Joined March 16, 1981 Fox, Margaret Client Advisor, Business Prince George, BC Joined November 7, 1984

Fraser, Cindy Market Operations Support Officer Winnipeg, MB Joined July 23, 1979

Fussell, Deirdre Manager Operations Support - GTR Toronto, ON Joined August 30, 1976

Garcia, Dianne Financial Planner Edmonton, AB Joined June 26, 1978

Gaston, Shirley Quality Verification Officer Ajax, ON Joined October 29, 1984

Gorst, Sandra Manager Client Care Meadow Lake, SK Joined August 15, 1977

Hallam, Karen Senior Manager Initiatives & Support Toronto, ON Joined August 5, 1975

Harris, Victoria Manager Executive Services Toronto, ON Joined April 21, 1992

Harrison, Ilona Senior Operations Analyst Toronto, ON Joined February 22, 1982 Haugen, Betty Client Care Advisor Edmonton, AB Joined December 30, 1985

Hong, Jennifer Director, BP & CC Toronto, ON Joined May 9, 2005

Kadiri, Lami Client Advisor Markham, ON Joined March 10, 1987

Kanji, Almas Manager, Project IT Toronto, ON Joined July 2, 2002

Karska, Eva Manager IT Toronto, ON Joined November 9, 1998

Keech, Bev Manager, Client Care Yarmouth, NS Joined June 28, 1976

Lapointe, Brenda Client Advisor Hunter River, PE Joined March 30, 1981

Lasnier, Claudette Client Service Representative Saint-Jean-Sur-Richelieu, QC Joined July 18, 2001

Lau, Karen Client Advisor Edmonton, AB Joined September 6, 1983

Lavigne, Janice Technical Service Analyst Toronto, ON Joined November 1, 2007

L'Ecuyer, Hélène Resolution Officer Montreal, QC Joined March 22, 2001

Lo, Thomas Database Analyst Toronto, ON Joined November 19, 1990

Lougheed, Kathryn Associate Commercial Credit Guelph, ON Joined September 22, 2008

Luft, Betty Client Advisor Calgary, AB Joined July 18, 1994

MacInnis, Debra Department Manager Toronto, ON Joined June 5, 1972

Ma-Lo, Piera Client Service Coordinator Toronto, ON Joined July 4, 2005

Marshall, Wayne Manager, Group Risk Toronto, ON Joined January 10, 1977

McAuley, Frank Regional Vice President - Commercial Financial Services - SW Ontario Oakville, ON Joined September 1, 1983

Melo, Oriana Senior Manager Client Strategy Mississauga, ON Joined August 29, 2011 Miller, Karen Client Care Advisor New Westminster, BC Joined May 8, 1995

Moore, Jody Client Advisor, Business Sydney, NS Joined January 6, 1975

Navaratnam, Bayayokini Special Products Admin Toronto, ON Joined April 4, 1988

Ng, Gloria Senior Licensed Insurance Advisor Mississauga, ON Joined December 21, 1998

Noronha, John VP Business and Commercial Toronto, ON Joined March 29, 1976

O'Connor, Rose Senior Account Manager Antigonish, NS Joined April 3, 1979

Osland, Trish Client Advisor Oliver, BC Joined July 24, 1978

Otto, Karen Client Advisor Thunder Bay, ON Joined November 6, 1990

Patel, Bharti Loan Coordinator Toronto, ON Joined March 28, 1988 **Pham, Khanh** Mortgage Specialist Calgary, AB Joined August 9, 1993

Pilon, Jean Pierre Investment Advisor Trois-Rivières, QC Joined February 7, 1983

Price, Jeffrey Senior Technical Systems Analyst Toronto, ON Joined February 10, 1986

Rance, Sharon Client Advisor Business Stoney Creek, ON Joined April 20, 2000

Reesor, Sheila Senior Risk Analyst Toronto, ON Joined March 15, 1982

Rola, Samy Financial Planner Etobicoke, ON Joined December 5, 1988

Russell, Nancy Financial Advisor Wolfville, NS Joined April 13, 1981

Samson, Patricia Manager, Project IT Toronto, ON Joined April 21, 2008

Scarfo, Nicodemo Banking Advisor St-Jean-Sur-Richelieu, QC Joined August 21, 1979

Sibbins, Kathleen Subrogation Adjuster Mississauga, ON Joined March 13, 2006 Sipin, Rosalinda Senior Litigation Specialist Mississauga, ON Joined July 18, 2011

Sivapalan, Ponnudurai Quality Verification Toronto, ON Joined March 16, 1998

Slinger, Susan Senior Business Systems Analyst Toronto, ON Joined November 1, 2004

Smith, Judy Banking Advisor Keswick, ON Joined June 6, 1983

Stachniak, Pat Manager, Internal Audit Services Toronto, ON Joined September 25, 1978

Steffler, Mark Business System Analyst Toronto, ON Joined October 13, 2009

Thorpe, Marilyn Client Advisor Bowmanville, ON Joined August 21, 1975

Toribio, Cecile Senior Account Manager Business Burnaby, BC Joined April 10, 1989

Toupin, Hélène Client Advisor Quebec, QC Joined January 18, 2000

MARCH 2016 (CONTINUED)

Trajano, Reynaldo Technical Service Agent Toronto, ON Joined September 5, 1989

Virdo, Debbie Manager, Project IT Toronto, ON Joined September 3, 1991

White, Linda Client Advisor Dartmouth, NS Joined April 8, 1996

APRIL 2016

Alexander, Valerie Financial Advisor Stephenville, NL Joined December 4, 1995

Ally, Azmun Non Wire Payment Investigations Officer Toronto, ON Joined March 25, 1991

Ambrose, Sheryl Loans Admin Toronto, ON Joined February 8, 1988

Arnold, John Vice President Agricultural & Commercial Financial Services Lethbridge, AB Joined May 4, 1981

Audet, Angela Financial Advisor St. Catharines, ON Joined October 6, 1986 Baker, Penny Manager Market Operations Burlington, ON Joined July 16, 1979

Bayers, Heather Admin Assistant Halifax, NS Joined April 12, 1976

Beaudoin, Blaise Assistant Blainville, QC Joined April 27, 1998

Bellerive, Desneiges Client Advisor Shawinigan, QC Joined November 30, 1989

Blackburn, Céline Associate Account Manager Quebec, QC Joined March 8, 1976

Blue, Sandy Branch Manager Beausejour, MB Joined November 27, 2006

Bogic, Rebeka Client Advisor Innisfil, ON Joined July 10, 1989

Boudreau, Madeline Client Advisor Port Hawkesbury, NS Joined May 26, 2003

Brisebois, Therese Client Advisor Orleans, ON Joined August 19, 1974

Bronsdon, Bill Financial Advisor Winnipeg, MB Joined April 14, 1981 **Bugler, Margaret** Manager Client Care Winona, ON Joined July 30, 1990

Cameron, Kerry M. Senior Account Manager Langley, BC Joined April 13, 1992

Castellanos, Laura Manager International Banking Toronto, ON Joined February 10, 1986

Chan, Peggy Account Services Representative Vancouver, BC Joined September 1, 2000

Chase, Jayne Market Operations Support Officer Moncton, NB Joined June 9, 1976

Chow, Louisa Admin Assistant Markham, ON Joined December 1, 1987

Couture, Lynda Adjudication Associate Montreal, QC Joined July 13, 1987

Curle, Candice Client Advisor Kamloops, BC Joined June 13, 1994

Demren, Senih Technical Specialist Toronto, ON Joined October 1, 1991 **Dias, Barbara** Manager Admin and Operations Toronto, ON Joined February 4, 1980

Dick, Marie Client Advisor Brampton, ON Joined November 2, 1998

Dyble, Michelle Financial Planner Prince George, BC Joined July 2, 1986

Edwards, Cheryl Financial Advisor Souris, MB Joined November 23, 1981

Faulkner Bacon, Michelle Client Care Advisor Terrebonne, QC Joined July 3, 1986

Faulkner, Danielle Quality & Assurance Montreal, QC Joined May 22, 1984

Fingas, Debbie Client Care Advisor Fort McMurray, AB Joined June 2, 1993

Giguère, Lyne Investment & Retirement Montreal, QC Joined October 5, 1981

Gorrie, Glen Senior Account Manager Business Banking Okotoks, AB Joined February 8, 1982

Grein, Warren Banking Advisor Hanover, ON Joined April 6, 1981

Groulx, Valerie Payroll Manager Mississauga, ON Joined August 4, 2004

Guerrero Garcia, Daisy A. Customer Service Representative Scarborough, ON Joined January 29, 1999

Halupka, Rob Director Toronto, ON Joined May 23, 1995

Ho, Raymond K. W. Investment Advisor North York, ON Joined May 16, 1983

Hobin, Brenda Banking Advisor Hamilton, ON Joined April 19, 1988

Horan, Serena Client Advisor Verdun, QC Joined July 8, 1985

Hudon, Simone Client Advisor Chicoutimi, QC Joined September 18, 1990

Hynes, Emily Branch Administrator Hammonds Plains, NS Joined April 11, 1991

Jenkins, Jean Client Advisor North Sydney, NS Joined December 3, 1981 Johnston, Gail Project Manager Toronto, ON Joined August 21, 1978

Kane, Ann Senior Account Manager Thunder Bay, ON Joined September 26, 2005

Kennedy-Van Domelen, Lynn Private Banking Associate London, ON Joined September 3, 1974

Kirkby, Gordon Project Manager Toronto, ON Joined August 18, 1986

Langlois, Judy Financial Planner Windsor, ON Joined February 13, 1985

Lyon, Mae Financial Advisor Brandon, MB Joined February 13, 2006

Mak, Rhoda Administrator Toronto, ON Joined March 6, 2006

Masciale, Maria Client Care Advisor Ancaster, ON Joined November 27, 1989

Massie, Sofia Admin Assistant Vancouver, BC Joined May 3, 1979

McGuire, Hugh AC Banking Advisor Moncton, NB Joined February 11, 2004 **McIlroy, Heather** Client Advisor Niagara Falls, ON Joined September 2, 1986

McKee, Scott Commercial Account Manager Ottawa, ON Joined June 25, 1990

McLeod, Patty Investment & Retirement Thunder Bay, ON Joined September 6, 1983

Medina, Stella Branch Manager Scarborough, ON Joined September 18, 1972

Meyer, Kerry Client Advisor Burlington, ON Joined September 12, 1988

Oman, Richard Network Analyst Burlington, ON Joined February 20, 1978

Organ, Fiona Admin Assistant Halifax, NS Joined September 9, 1974

Paleczny, Nancy Client Advisor Kitchener, ON Joined July 16, 1984

Parchment, Gisele Insurance Support Toronto, ON Joined February 7, 2005

Parent, Roberta Client Service Representative White River, ON Joined November 4, 1997 **Pelayo, Celine** Admin Assistant Vancouver, BC Joined March 1, 2004

Persaud, Nandanie Client Advisor Ottawa, ON Joined June 21, 2004

Perz, Teresa Client Advisor Mississauga, ON Joined August 27, 1990

Plunkett, Roberta Client Advisor Peterborough, ON Joined October 8, 1980

Robertson, Kim Client Advisor Ottawa, ON Joined July 31, 1978

Schoenfelner, Kathleen Customer Service Officer Mississauga, ON Joined March 19, 1990

Silver, Donna Associate Account Manager Saskatoon, SK Joined January 23, 1984

Smith, Paula Client Advisor Business Hamilton, ON Joined May 25, 1988

Smits, Doris Client Advisor Newmarket, ON Joined January 28, 1991

Sorfleet, Shirley Client Advisor Toronto, ON Joined June 29, 1992

APRIL 2014 (CONTINUED)

Spary, Stephen Senior Manager Operational Risk Advisory & Oversight Toronto, ON Joined August 20, 1973

Srikan, Raveendra Client Advisor Markham, ON Joined September 15, 1992

Stanley, Wendell Technical Specialist Toronto, ON Joined August 5, 1974

Stearns, Roula Client Advisor Brockville, ON Joined August 5, 1997

Stickel-Ruhlman, Irene Commercial Account Manager Kitchener, ON Joined October 19, 1987

Szemis, Wiktoria Account Service Agent Toronto, ON Joined January 26, 1998

Tabak, Wendy Manager of Client Care Bradford, ON Joined November 28, 1988

Tai, Dicken Financial Planner Toronto, ON Joined February 6, 1989

Talarico, Sandra Assistant Branch Manager Cache Creek, BC Joined April 23, 2002 **Taylor, Marilyn** Client Advisor New Minas, NS Joined April 1, 1991

Thibault, Ginette Financial Planner Quebec, QC Joined October 20, 1980

Tice, Donna Financial Advisor Sidney, BC Joined September 24, 1984

Tugwell, Vicki Client Manager Toronto, ON Joined April 1, 1997

Van Der Jagt, Jacqueline Senior Manager, Corporate Communications Toronto, ON Joined May 14, 1979

Vandenhoff, Monica Client Advisor London, ON Joined November 28, 1983

Wares, Heather Client Advisor Lachine, QC Joined August 7, 1978

White, Bridget Client Service Representative Thunder Day, ON Joined July 25, 1994

Wong, Benjamin Senior Auditor Toronto, ON Joined November 30, 1987

Wright, Janet Senior Audit Manager Toronto, ON Joined February 8, 1988 **Zielinski, Zenek** Senior Manager, Personal & Business Banking Toronto, ON Joined November 5, 1979

MAY 2016

Almeida, Felicidade (Joyce) Senior Operations Specialist Etobicoke, ON Joined December 16, 1974

Alston, Mary-Anne Manager Client Care Elliot Lake, ON Joined August 29, 1988

Armstrong, Raymonde Client Advisor Kelowna, BC Joined May 27, 1987

Arnold, Brenda Account Service Representative Victoria, BC Joined April 23, 2001

Baird, Stephen VP Architecture and Engineering Burlington, ON Joined September 19, 1988

Baker, Soumaya Commercial Account Manager Kitchener, ON Joined April 8, 1985

Bidegare, Linda Subject Matter Expert Montreal, QC Joined May 24, 1977

Bradbury, Don Senior Adjudicator Burlington, ON Joined January 4, 1999 **Braiden, Roxanne** Client Advisor St. Thomas, ON Joined April 6, 2009

Brinn, Valerie Technical Systems Analyst Toronto, ON Joined May 22, 1979

Brousseau, Louise Account Manager Montreal, QC Joined June 29, 1970

Brown, Tricia Manager Client Care Kingston, ON Joined October 1, 1979

Brown, Wendy Executive Assistant Calgary, AB Joined July 25, 1977

Campeau, Louise Client Advisor Cornwall, ON Joined April 15, 1985

Cardoz, Rodney Mortgage Specialist Vancouver, BC Joined November 17, 1997

Chung, Juliana Client Advisor Scarborough, ON Joined December 21, 1980

Coutts, Gary Account Manager Commercial Banking London, ON Joined May 31, 1976

Cristiano, Angie Subject Matter Expert Montreal, QC Joined July 7, 1975

Delli Colli, Enrico Manager Business Advisors Montreal, QC Joined June 14, 1976

Di Benedetto, Antonella Specialized Services Montreal, QC Joined May 19, 1981

D'Ippolito, Giuseppina Financial Advisor London, ON Joined March 9, 1976

Dolbik, Irene Treasury Manager Specialist Montreal, QC Joined January 6, 1986

Dorey, Charlotte Manager Client Care Wolfville, NS Joined April 9, 2007

Dreyer, Rita Client Advisor Smithville, ON Joined February 5, 1990

Ducluzeau, Gail Financial Advisor Meadow Lake, SK Joined June 7, 1976

Fleming, Kim Manager Client Care Brighton, ON Joined September 22, 1987

Gammie, Katy Admin Assistant Vancouver, BC Joined December 7, 1998

Garner, Cindy Senior Account Manager Saskatoon, SK Joined September 22, 1986 **Geadah, Audi** Financial Advisor Orangeville, ON Joined November 12, 1998

Girouard, Sylvie Senior Team Leader Montreal, QC Joined September 26, 1977

Grondin, Dolores Client Advisor Trois-Rivieres, QC Joined July 7, 1989

Heene, Kathy Banking Advisor Stoney Creek, ON Joined May 19, 2009

Holowchak, Diana Account Manager Kelowna, BC Joined April 2, 1984

Huffman, Doreen Client Care Advisor Regina, SK Joined July 3, 1984

Hum, Pui Yee Investigations Agent Toronto, ON Joined December 5, 2006

Hykaway, Judy Client Advisor Calgary, AB Joined August 13, 2001

Johnson, Heather Branch Manager Fort Frances, ON Joined May 15, 1978

Kindratiuk, Susan Manager Market Operations Burlington, ON Joined May 27, 1976 Konieczny, Josey Client Advisor, Business Niagara-on-the-Lake, ON Joined July 30, 1984

Konihowski, Bonnie Admin Assistant Moose Jaw, SK Joined September 21, 1987

Kuryllo, Ewa Senior Technical Analyst Toronto, ON Joined September 10, 1990

La France, Madeleine Account Services Agent Winnipeg, MB Joined May 6, 1986

Laing, Lucille Account Services Rep Edmonton, AB Joined January 2, 2002

Larin, Diane Specialized Services Montreal, QC Joined August 18, 1980

Lawlor, Tina Banking Advisor St. John's, NL Joined December 4, 2000

L'Heureux, Jean Product/Program Assistant Manager Montreal, QC Joined May 17, 1978

Locke, Sharon Market Operations Supervisor St. John's, NL Joined May 6, 1974

Mauro, Teresa Project Support Toronto, ON Joined April 1, 1974 **Mc Micking, Cathy** Client Advisor Dundas, ON Joined August 14, 1978

McKenzie, Darlene Department Manager Montreal, QC Joined August 1, 1975

Mechetuk, Dianne Branch Manager Campbellford, ON Joined January 8, 1976

Mohaghegh, Tahereh Technical Service Toronto, ON Joined January 9, 1989

Mohamed, Miriam Product Manager Toronto, ON Joined October 1, 2002

Morin, Sophie Client Advisor Grand Falls, NB Joined November 19, 2001

Morrison, Donna Client Advisor Oshawa, ON Joined February 5, 1979

Nielson, Nancy Client Advisor Camrose, AB Joined November 20, 1995

Nundy, Pinky Mortgage Specialist Saskatoon, SK Joined April 19, 1990

Nurse, Juditha J. Regional Head - Compliance Barbados & Eastern Caribbean Brampton, ON Joined September 21, 1981

MAY 2016 (CONTINUED)

Palladini, Pauline Client Advisor Woodbridge, ON Joined October 9, 1990

Palmer, Janice Client Advisor Kentville, NS Joined October 22, 2001

Paris, Charles Financial Advisor St. Catharines, ON Joined January 11, 1977

Parrage, Joan Senior Team Leader Toronto, ON Joined February 4, 1975

Phillipson, Judith Admin Assistant Montreal, QC Joined July 12, 1976

Potts, Lynn Branch Manager Beeton, ON Joined April 25, 1977

Rivest, Donna Client Advisor Amherstburg, ON Joined May 30, 1988

Sanderson, Dragana Investment & Retirement Planning Vancouver, BC Joined January 1, 1979

Saqib, Mustafa Insurance Support Mississauga, ON Joined May 15, 2001 Seabra, Cynthia Receptionist Calgary, AB Joined May 26, 1981

Sherman, Douglas Account Service Agent Toronto, ON Joined November 2, 1998

Singhal, Shubh Customer Service Processor Mississauga, ON Joined May 1, 1989

Smiley, Annette Investigations Agent Moncton, NB Joined June 29, 1984

Smith, Jo-Ann Associate Account Manager Windsor, ON Joined April 5, 1982

Sousa, Laury Customer Service Representative Mississauga, ON Joined September 19, 1986

Tallard-Ross, Diane Collections Agent Westmount, QC Joined April 24, 2000

Tappert, Alex Mortgage Specialist Vancouver, BC Joined November 7, 2000

Taylor, Ronald Investment & Retirement Planning Mississauga, ON Joined September 2, 2003 **Thoen, Twyla** Branch Manager Saskatoon, SK Joined January 10, 1983

Tibbatts, Sonia Managing Director Calgary, AB Joined August 31, 1992

Toy, Chun-Moy Senior Technical Systems Analyst Toronto, ON Joined July 9, 1984

Tremblay, Linda Expert Banking Advisor Chicoutimi, QC Joined March 24, 1980

Uno, Linda Windows Server Delivery Specialist Toronto, ON Joined November 13, 1973

Vanier, Sharon Client Advisor Callander, ON Joined June 16, 2008

Vasquez, Sylvia Specialized Services Toronto, ON Joined April 20, 1981

Virani, Neena Business Bank Clerk Edmonton, AB Joined February 21, 1972

Walker, Janice Manager, Sales Force Enablement Toronto, ON Joined December 3, 2001 Warner, Patricia Manager, Trade Advisory Toronto, ON Joined August 17, 1978

Williams, Robin Manager, Compliance & Operations Support Toronto, ON Joined January 26, 1976

Zappitelli, Angelo Director Toronto, ON Joined June 1, 1976 **ISSUE 2 • 2016**

Keeping in Touch In Memoriam ISSUE 2 • 2016 In Memoriam We extend our condolences to the families and friends of:

Anderson, Rayna Surrey, BC February 1, 2016 Retired September 1, 2010

Aitken, Edith Vancouver, BC April 26, 2016 Retired August 1, 1990

Andrew, Helen Omemee, ON December 13, 2015 Retired July 1, 1984

Arnold, Stanley Scarborough, ON January 7, 2016 Retired September 1, 1998

Atchinson, Lloyd Victoria, BC May 25, 2016 Retired November 1, 1992

Bamford, Roland Sechelt, BC April 25, 2016 Retired January 1, 2003

Barbeau, Suzanne Montreal, QC March 4, 2016 Retired August 1, 1994

Barclay, Jo Ridgetown, ON March 10, 2016 Retired July 1, 1988

Benoit, Denise Montreal, QC April 28, 2016 Retired October 1, 2010 **Bernier, Carmen** Montreal, QC April 26, 2016 Retired February 1, 1999

Blazic, Nada Vancouver, BC May 27, 2016 Retired March 1, 1983

Blouin, Francyne Saint-Roch-de-l'Achigan, QC May 7, 2016 Retired April 1, 2012

Bodley, Hedley West Vancouver, BC February 24, 2016 Retired November 1, 1989

Bradley, Alan Lac Du Bonnet, MB April 2, 2016 Retired April 1, 1998

Brown, Doreen Powell River, BC March 19, 2016 Retired January 1, 1992

Bulmer, Carol Newmarket, ON May 17, 2016 Retired May 1, 1998

Burleton, John A. Mulmur, ON February 16, 2016 Retired April 1, 1994

Carriere, Irene Cornwall, ON February 25, 2016 Retired September 1, 1989 **Chopra, Paul** Saint-Lambert, QC December 27, 2015 Retired October 1, 2002

Colvey, Barney Toronto, ON March 23, 2016 Retired August 1, 2006

Côté, Verna Baie Comeau, QC February 26, 2016 Retired August 1, 1993

Crichton, Beverly York, ON November 2, 2015 Retired December 1, 2013

Curtis, Ivy Oakville, ON May 1, 2016 Retired July 1, 1985

Duchesne, Yvette Chibougamau, QC April 5, 2016 Retired September 1, 2000

Fleming, Everett Toronto, ON November 2, 2015 Retired February 1, 1997

Foote, Bob Halifax, NS March 22, 2016 Retired November 1, 2000

Fowler, Helen Lakefield, ON February 29, 2016 Retired October 1, 1995 **Gascho, Donald** London, ON May 7, 2016 Retired April 1, 2001

Grace, Bill Alliston, ON May 13, 2016 Retired November 1, 1990

Grady, Marie T. Ottawa, ON April 10, 2016 Retired May 1, 1987

Graham, Frances Pointe Claire, QC April 15, 2016 Retired December 1, 1985

Harvey, Pamela Oakville, ON March 15, 2016 Retired January 1, 1994

Hoffman, Rod Langley, BC March 7, 2016 Retired February 1, 2001

Jimenez, Eleonora Don Mills, ON April 20, 2016 Retired October 1, 2002

Johnston, Ronald B. Calgary, AB March 24, 2016 Retired December 1, 2009

Jones, Barbara Oakville, ON December 13, 2015 Retired April 1, 1983 ISSUE 2 • 2016 In Memoriam We extend our condolences to the families and friends of:

Jung, Victor Nin Vancouver, BC January 25, 2016 Retired November 1, 2013

Kaplan, Howard Toronto, ON April 11, 2016 Retired February 1, 2003

Kohonen, Leena Maple Ridge, BC April 12, 2016 Retired April 1, 2003

Konno, Chick Calgary, AB March 26, 2016 Retired January 1, 1995

Lamanna, Tina Newmarket, ON April 17, 2016 Retired January 1, 2009

Lanthier, Brian Brockville, ON February 27, 2016 Retired February 1, 1995

Lesage, Raymond Mont St. Hilaire, QC February 17, 2016 Retired January 1, 2008

Lill, Anthony Peterborough, ON May 10, 2016 Retired December 1, 1990

Lomas, Eileen Scarborough, ON March 17, 2016 Retired June 1, 1993 Lozier, Darlene Canterbury, NB March 5, 2016 Retired February 1, 2009

Markwick, Barbara Downsview, ON February 24, 2016 Retired May 1, 1998

McDonald, Gwen Burlington, ON April 18, 2016 Retired August 1, 2004

McKrow, Bob Mississauga, ON February 24, 2016 Retired September 1, 2003

McMullen, Beverly Barrie, ON May 16, 2016 Retired November 1, 2011

Moulin, Emma Calgary, AB April 22, 2016 Retired December 1, 1996

Nevado, Lilia Etobicoke, ON May 4, 2016 Retired January 1, 1996

Oliver, Kathleen Quebec, QC March 10, 2016 Retired April 1, 1983

Owens, Joyce Kitchener, ON February 29, 2016 Retired November 1, 1997 **Perri, Anastasia** Delta, BC March 15, 2016 Retired July 1, 2011

Picotin, Sylvianne Greenfield Park, QC March 11, 2016 Retired December 1, 2009

Plicka, Erica Nanaimo, BC March 3, 2016 Retired May 1, 2001

Raaflaub, Donald Guelph, ON April 29, 2016 Retired October 1, 1987

Rankin, Elizabeth Saint-Lambert, QC May 7, 2016 Retired August 1, 1992

Raymond, Gisèle Montreal-Nord, QC March 10, 2016 Retired January 1, 1994

Reid, James Edgar Aurora, ON February 25, 2016 Retired April 1, 2008

Sabourin, Rachel Montebello, QC March 17, 2016 Retired June 1, 2007

Sachedina, Kulsum North York, ON May 23, 2016 Retired June 1, 2011 **Seropian, Ashod** St. Laurent, QC May 10, 2016 Retired August 1, 1993

Sicilia, Cesare North York, ON May 9, 2016 Retired February 1, 1994

Slight, Geoff Halifax, NS March 16, 2016 Retired July 1, 1998

Smart, Yolande Ajax, ON March 8, 2016 Retired December 1, 1989

Tanguay Gagnon, Hélène Laval, QC March 1, 2016 Retired October 1, 1992

Thivierge, Guy Saint Bruno, QC March 5, 2016 Retired November 1, 1989

Thompson-Calvert, Teresa Barrie, ON March 22, 2016 Retired April 1, 1983

Thomson, Agnes Spruce Grove, AB May 4, 2016 Retired February 1, 1988

Tomlinson, Blanche Toronto, ON March 24, 2016 Retired November 1, 1987 ISSUE 2 • 2016 In Memoriam We extend our condolences to the families and friends of:

Trout, Kenneth Surrey, BC April 25, 2016 Retired March 1, 2003

Uttamsingh, Rob Oakville, ON February 10, 2016 Retired June 1, 2006

Villa, Virginia Calgary, AB February 26, 2016 Retired November 1, 2005 **Ward, Bev** Bala, ON February 25, 2016 Retired April 1, 2005

Ward, Russell Victoria, BC April 21, 2016 Retired April 1, 1980

White, Marion St. Stephen, NB February 4, 2016 Retired March 1, 1984 Wilson-Mckenzie, Joyce

Oshawa, ON February 3, 2016 Retired February 1, 2015

Wright, Donna

Oakville, ON March 23, 2016 Retired January 1, 2011

Wright, Norma Oakville, ON May 4, 2016 Retired November 1, 2009

Lou Corciega

- First joined RBC in 1974
- Retired in 1998
- Role prior to retirement: Team Leader Ontario Processing and Operations Centre



Lou Corciega in search of penguins at the Otago Peninsula, Dunedin, New Zealand.

"There are always two people in every picture: the photographer and the viewer."

Ansel Adams

Close Up on Lou's Love of Photography

Atlantic magazine revealed some massive numbers in November 2014, in an article about the ubiquitous nature of photography. Thanks to cameras on smart phones and tablets, a fascination with selfies and a desire to capture every detail of life, the article estimated that 1.8 billion digital images are uploaded to various social media sites, daily. That's 657 billion photos per year. Another resource stated that 1 trillion pics were taken in 2015, and that figure continues to rise.

With the world's digital compulsion to click, post and quickly move on to the next image, Lou Corciega's pictures reveal patience and precise timing. He's like a slow cooker in a world of microwaves.

Lou's love of photography began when his first child was born. "I bought a Kodak Brownie but had to use it sparingly because films, processing and printing were costly." When he retired years later, Lou rekindled his early interest. "We started going on trips, I got a better camera and I began capturing scenes and memories from our travels. When I invested in a DSLR (digital single lens reflex) camera, a whole new world of photography opened up."

Though self-taught, Lou has enhanced his knowledge through internet videos and articles. He encourages Keeping in Touch readers who are serious about improving their photography skills to do the same and to practice on the subjects they most enjoy.

Ansel Adams, the landscape photographer famous for his striking black and white images of the American West said, "There are always two people in every picture: the photographer and the viewer." With this in mind, Lou has done his part behind the camera. Now it's over to you.



"It was just a matter of perfect timing," says Lou of this awardwinning shot. "I had my camera on hand when they alighted briefly on the bird feeder in my backyard."



"Some antique cars appeal to me, like this rusted Chevrolet on the famous Route 66."



"These rock formations were forced by wind and sea erosions at the Geopark in Wanli District, New Taipei, Taiwan."



RBC News

RBC named one of Canada's "Best 50 Corporate Citizens" and one of the "Top Green Companies in the World"

RBC was named as one of the "Best 50 Corporate Citizens" in Canada in 2016 by *Corporate Knights* magazine and one of the "Top Green Companies in the World" for 2016 by *Newsweek*.

The *Corporate Knights* Best 50 methodology is based on an evaluation of the environmental, social and governance performance of Canada's leading companies and is recognized globally as a best practice for transparency and objectivity. This is the 15th year in a row RBC is being recognized with this honour.

Newsweek ranks the world's largest companies on corporate sustainability and environmental impact in partnership with Corporate Knights, HIP (Human Impact + Profit) Investor Inc., and leading sustainability minds from nongovernmental organizations and the academic and accounting communities.

These recent honours add to an impressive suite of recognition garnered by RBC for programs and performance related to environmental sustainability and corporate citizenship. This includes recently being recognized as one of the "Best workplaces in Canada and one of "Canada's Greenest Employers.

RBC makes sending money simple, instant and now free

Canadians are increasingly using person-to-person payments as part of their daily spending. As a market leader in payment innovation, RBC is making it easier and more cost effective for clients to send money by offering unlimited free *Interac* e-Transfer payments on all personal chequing accounts. "Offering free e-Transfers supports our commitment to helping our clients seamlessly and quickly send money how they want and when they want," said Linda Mantia, executive vice-president, Digital, Payments and Cards at RBC.

RBC, as a market leader in payment innovation, has a strong history of investing in person-to-person payments and mobile technology.

- In 2001, RBC introduced a free RBC client to RBC client payment service.
- In 2003, RBC introduced Interac e-Transfer payments.
- RBC was one of the first financial institutions in Canada to offer *Interac* e-Transfer Bulk Disbursement, tailored to enable businesses to send payments to multiple recipients at once.
- In 2013, RBC announced its RBC Secure Cloud mobile payments service. The technology, a first in Canada, keeps sensitive customer data secure with RBC in the cloud, not on the phone, making this a safer, faster, more flexible solution.
- In 2014, RBC was the first Canadian financial institution to provide clients with the choice of using debit or credit for their mobile payments.

RBC News (continued)

RBC takes home Best Payment Innovation and Best Use of Data Analytics

RBC is honoured to once again be recognized by Retail Banker International (RBI) in its annual awards competition, by winning Best Payment Innovation and Best Use of Data Analytics for 2016.

"We're proud to be recognized on the world stage for providing an exceptional experience for our clients," said Jennifer Tory, group head, Personal & Commercial Banking, RBC. "By developing innovative products and using technology in new and groundbreaking ways, our team is focused on delivering solutions that make our customers' lives easier and more convenient."

"RBC's focused investment in emerging payment infrastructure has allowed it to become an industry leader and set the standard for secure mobile payment solutions," said Douglas Blakey, group editor, Consumer Finance Titles, Timetric. "The bank has also developed leading-edge data analytics, which allows it to intuitively meet the needs of its clients."

Royal Bank of Canada celebrates the best of film with new partnership in London

RBC announced its partnership with the BFI (British Film Institute). Starting this year, RBC will be a Main Sponsor of the BFI London Film Festival in partnership with American Express (LFF). The festival, which runs from 5-16 October 2016, is Britain's leading film event and one of the world's best film festivals.

The partnership between RBC and BFI is in keeping with RBC's commitment to the arts globally, both through charitable giving and its sponsorships of the Toronto International Film Festival, Masterpiece London, The Old Vic and Art Toronto.

RBC Archives

Robberies have always been a fact of bank life and until the early 1970s, loaded revolvers were standard equipment at Royal Bank branches. Though the RCMP issued strictly controlled permits for their use, all tellers were required to practice firing them. For decades, managers were issued revolvers like the one pictured here in 1925 – usually large-calibre Smith and Wessons – which they kept loaded in their desk drawers. Those with living quarters above a branch often cut holes in the floor to allow them to fire at night intruders below. The revolvers were never an especially effective deterrent. In moments of high panic, managers frequently wounded themselves, not the bad-guys. We'd like to know more. Do you have any recollections of branch revolvers? If so, email us at keepingintoucheditor@rbc.com or send a letter to the address shown on the inside, back cover of this publication. We'll provide an update in a future edition.



Keeping in Touch

Here's how to reach us:

Keeping in Touch Team c/o RBC Pension and Benefits 200 Bay Street North Tower, 11th Floor Toronto, ON, Canada M5J 2J5

Via internal mail at any RBC branch: transit 7201 e-mail: keepingintoucheditor@rbc.com

Keeping in Touch is published for all Canadian pensioners of RBC. It is also available online at **www.rbc.com/pensioners** If you have questions about your pension contact RBC Human Resources Services Centre at 1-800-545-2555 or hrscpensions@rbc.com

If you have questions about your healthcare benefits contact Sun Life at 1-800-305-5905

If you have questions about the sale of RBC Shares or RESSOP contact Sun Life at 1-866-733-8612



Insurance



For a perfect vacation, cover your tracks.

Whether you're exploring new destinations or returning to a favourite vacation spot, protect yourself. After all, the cost of travel insurance is minimal compared to the risk of being faced with a medical emergency expense while away from home. With affordable coverage from RBC Insurance[®], you can be taken care of with:

- Our toll-free number offering immediate multilingual emergency assistance, available 24/7.
- Medical care that will help get you back on your feet as quickly as possible.
- Coverage for Trip Cancellation, Trip Interruption and Baggage & Personal Effects.
- Upfront payments for eligible emergency medical and hospital expenses whenever possible, so you won't pay out of pocket.

For more information on travel insurance from RBC Insurance, or to purchase, call your travel professional today.