Information about your RBC retiree benefits program

For more information about your retiree benefits program, you can:

- Go to the website for retirees at www.rbc.com/ pensioners. The website includes a wide range of information and resources specifically for RBC retirees.
- Go to the Sun Life website at www.mysunlife.ca. The
 website includes a wide range of information and
 resources about your healthcare plans. Alternatively,
 you can call Sun Life at 1-800-305-5905 for any specific
 questions about your coverage or a claim.
- Contact the Human Resources Service Centre (HRSC) at hrscpensions@rbc.com or 1-800-545-2555. The HRSC has representatives available to answer questions on a wide range of issues.
 - Hearing impaired retirees using TTY may utilize a Message Relay Service, provided by your local telecom by dialling 711.
 - Service in English and French is available 8 a.m. to 8 p.m. (ET).

Please note the various carriers and the benefits they cover. Be sure to provide the applicable policy number, as well as the first eight digits of your retiree (employee) number.

Retiree FlexBenefits Program - For Canadian employees who retired after January 1, 2010 Retiree Benefits
Program - For
Canadian employees of
Royal Bank of Canada
and Royal Trust who
retired after March
1, 1994 and prior to
January 1, 2010, and
RBC Insurance who
retired after January
1, 1999 and prior to
January 1, 2010

Retiree Benefits
Program - For Canadian
employees of Royal
Bank of Canada who
retired prior to
March 1, 1994

Download My SunLife
Mobile App today
for on-the-go access
to drug, health and
dental coverage
claims at your
fingertips.
Easy, convenient
and free at
sunlife.ca/mobile!

			January 1, 2010		V Committee of the comm
Benefit Plan	Carriers	Policy Number	Policy Number	Policy Number	Contact
Supplementary Medical	Sun Life Financial	14178	25134	25027	1-800-305-5905 www.mysunlife.ca
Prescription Drug	Sun Life Financial	14178	25108	25027	1-800-305-5905 www.mysunlife.ca
Dental	Sun Life Financial	14178	25134	25027	1-800-305-5905 www.mysunlife.ca
Emergency Out-of-Province/ Country Medical	RBC Insurance Co./Assured Assistance Inc.	N/A	N/A	N/A	See wallet card next page
Retiree Basic Life	RBC Insurance Co.	800080	800080	800080	HRSC 1-800-545-2555
Retiree Optional Life Insurance	RBC Insurance Co.	800082	800082	800082	HRSC 1-800-545-2555
Optional AD&D	Manulife Financial	39150	39150	39150	HRSC 1-800-545-2555
Travel Medical(beyond first 31 days)	RBC Insurance Co.	N/A	N/A	N/A	1-800-565-3129

Travel Assistance card

It is recommended that you keep the information card below with you at all times while travelling.

RBC RETIREE BENEFITS PROGRAM

Emergency Out-of-Province/Country Medical and Travel Assistance



Assured Assistance Inc.:

Canada and the U.S.: 1-866-496-5254 (toll-free) Worldwide: 1-905-816-1202 (collect)
Fax: 1-905-813-4719 (outside North America)
Fax: 1-888-298-6340 (toll-free in North America)
Member/Employee No.:

Did You Know?

Keeping in Touch is published four times yearly. Watch for delivery in your regular mail or if you've opted to "go green" read it online at www.rbc.com/pensioners at the end of each of the following months:

April, July October, January.

RBC Archives

35 Years of Can do! Spirit

In 1981, RBCers across Canada were singing "Can do!" in a national songwriter's contest for lyrics to an advertising jingle. It was the first time RBC involved employees so closely in its advertising campaign and 1,800 jingles describing RBC services were submitted. The ad agency produced a variety of jingles about banking services sung to a tune from the Broadway musical, Guys and Dolls. The jingles aired on TV and radio stations across Canada during the spring and fall. More than 60 per cent of branch staff took part in the contests. If you were among them, let us know what you remember about your involvement. Send an email to keepingintoucheditor@rbc.com



(L. to r.) Delia Kolomic, Liz Czarnecki, Bevy Nurse and Bev Farion, of the Winnipeg branch in 1980, are pictured taking up the Songwriters' Challenge.



Keeping in Touch Team c/o RBC Pension and Benefits 200 Bay Street North Tower, 11th Floor Toronto, ON, Canada M5J 2J5

Via internal mail at any RBC branch: transit 7201 e-mail: keepingintoucheditor@rbc.com

Keeping in Touch is published for all Canadian pensioners of RBC. It is also available online at www.rbc.com/pensioners

If you have questions about your pension contact RBC Human Resources Services Centre at 1-800-545-2555 or hrscpensions@rbc.com

If you have questions about your healthcare benefits contact Sun Life at 1-800-305-5905

If you have questions about the sale of RBC Shares or RESSOP contact Sun Life at 1-866-733-8612