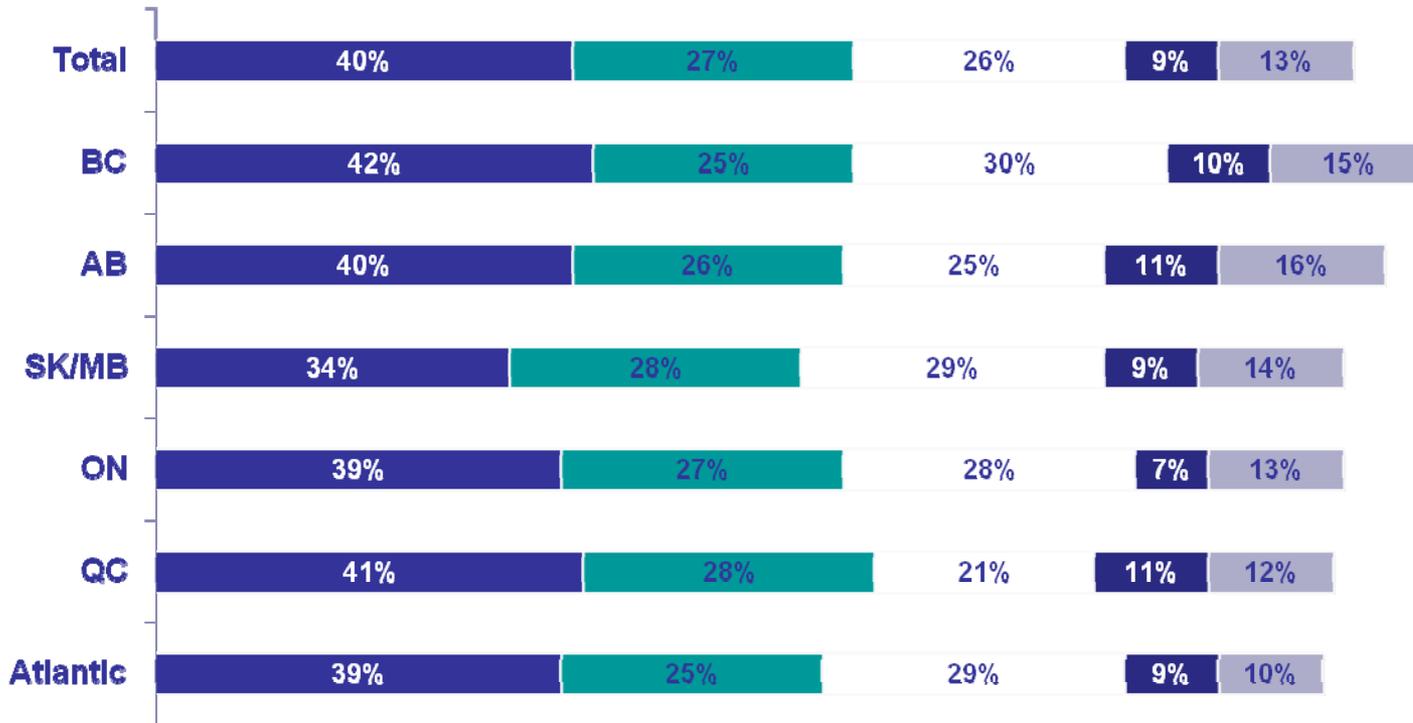




Which of the following helped you stick to your budget?

- I didn't want to go into debt or increase my debt load
- Keeping track of my spending by making a budget and sticking to it
- Knowing how much I had to spend, and once the money was gone that was it
- Having a savings goal in mind that I wanted to reach, and I always kept that goal in mind
- Other



NV20. Which of the following helped you stick to your budget?

Base: Total 3103 BC 345 AB 361 SK/MB 370 Ontario 959 Quebec 657 Atlantic 410