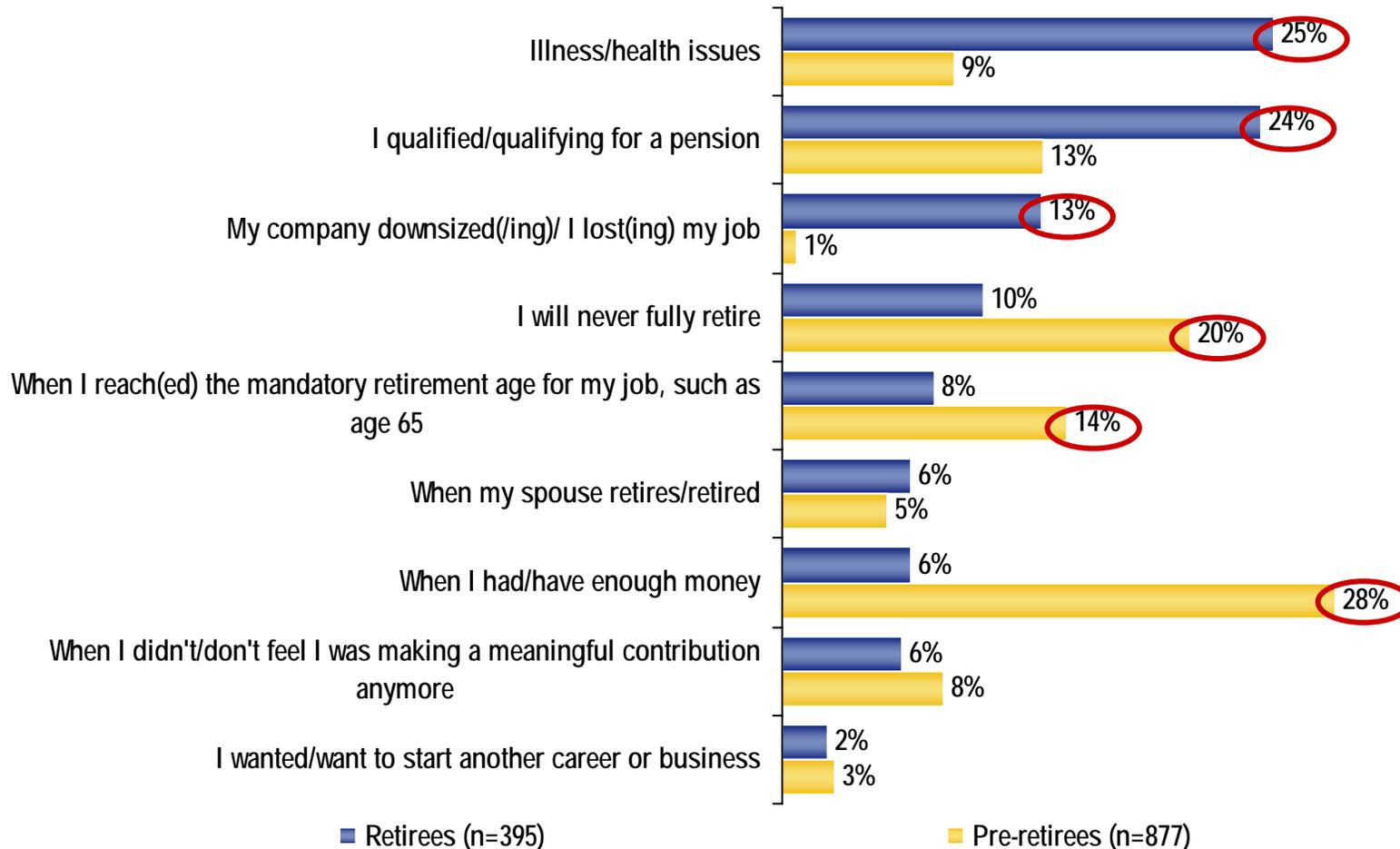




Approximately 1-in-4 retired Canadians retired because of illness or because they qualified for a pension. 3-in-10 pre-retirees say they will retire when they have enough money; 1-in-5 say they will never retire.

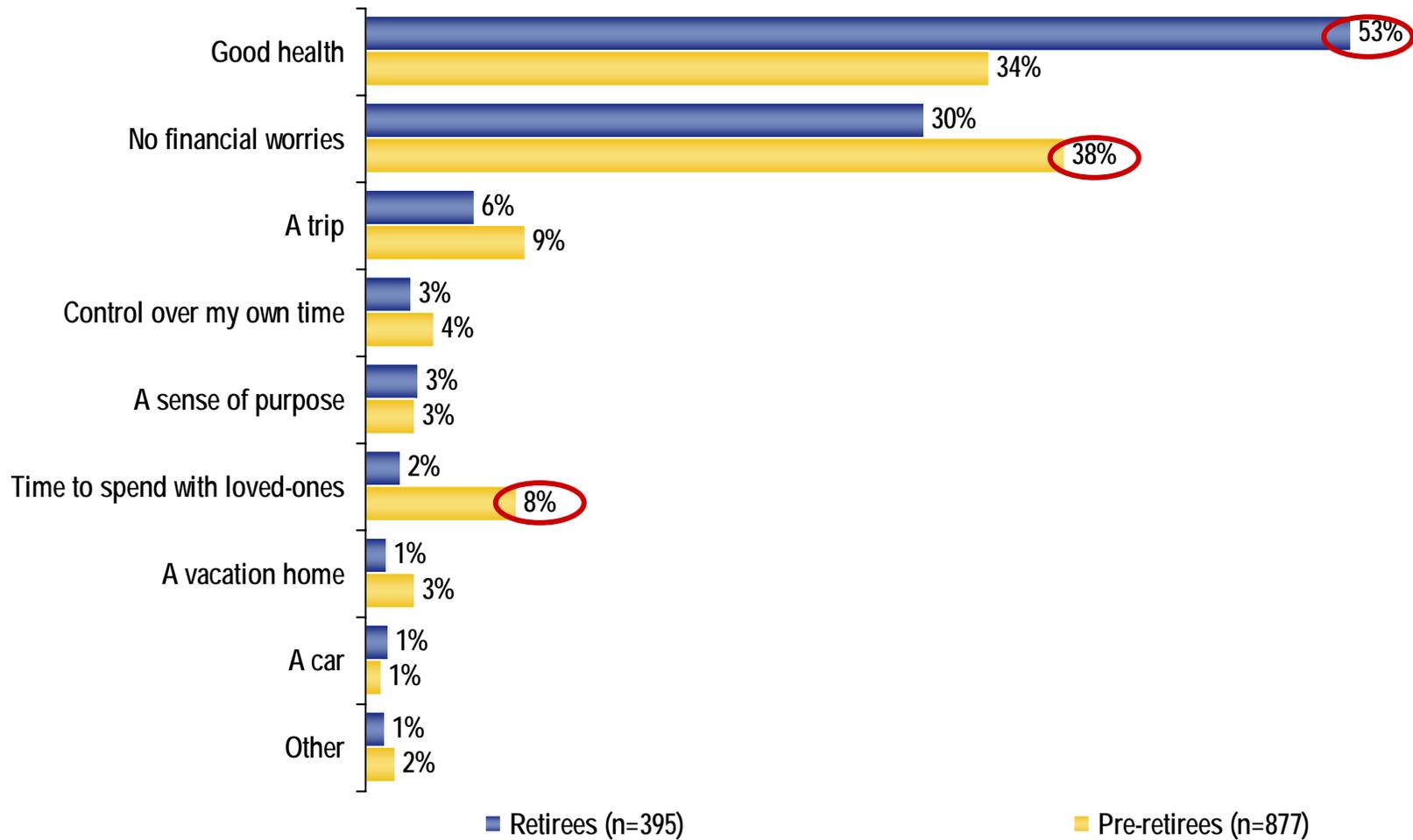


QJ2. What was the major reason that prompted you to retire? -OR- What will be the major reason that prompts you to retire?
Base: Retired (n=395); Not retired (n=877)





Canadians who are retired say the best retirement gift they could give themselves is good health, while Canadians who have not yet retired are most likely to say no financial worries and time with their loved ones

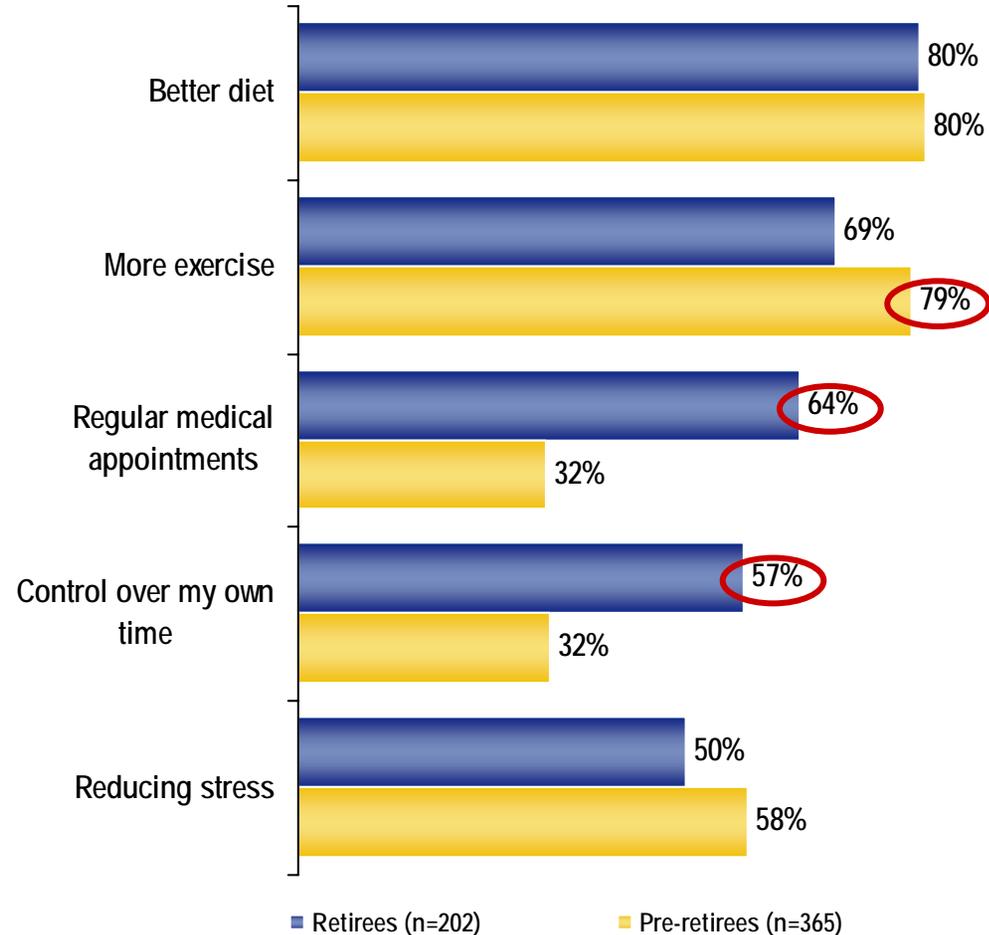
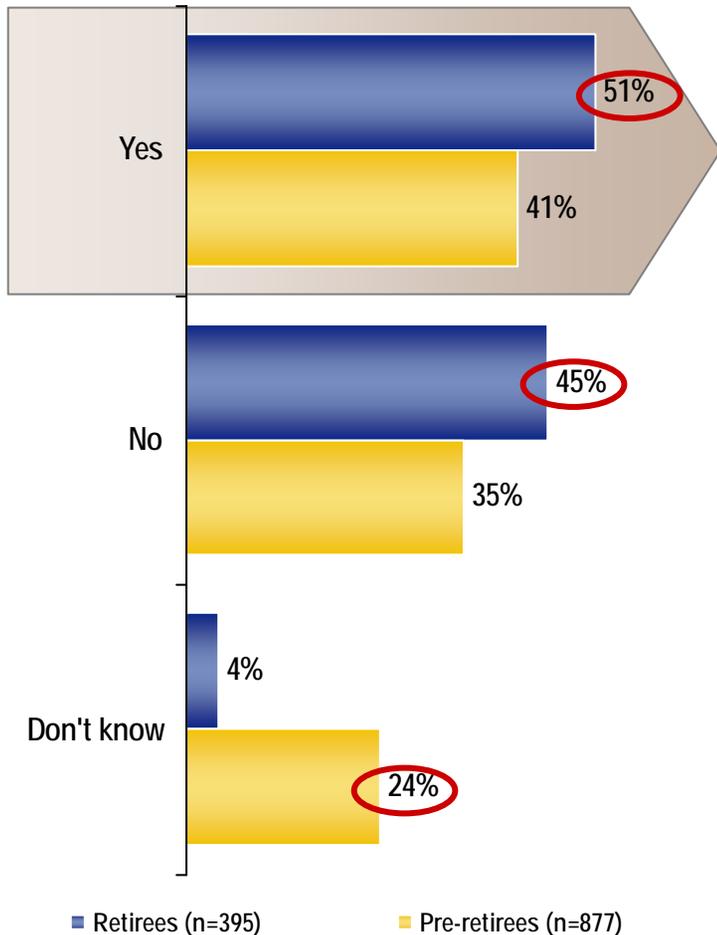


QK11. Overall, what would be the best retirement gift you could give yourself?
Base: All respondents (n=1272)





Canadians who are retired are more likely to say that they have changed their lifestyle to ensure a healthy retirement, by making changes to their medical routine and having control over their time



QK9. Have you changed your lifestyle to ensure a healthy retirement? -OR- Have you changed or do you plan to change your lifestyle to ensure a healthy retirement? Base: All respondents (n=1272)
 QK10. What changes have you made? -OR- What changes have you made or do you plan to make? Base: Have made changes (n=567)