

RBC Canadian Consumer Outlook – Impact of rising food prices on shopping and daily habits

| | Region | | | | | | |
|--|--------|-------|-------|-------|-------|-------|-------|
| | Total | ВС | AB | SK/MB | ON | QC | ATL |
| | n=3024 | n=560 | n=407 | n=291 | n=866 | n=579 | n=321 |
| I comparison shop for food more than before | 57% | 52% | 53% | 52% | 58% | 60% | 59% |
| I tend to follow a budget more than before – I buy less on impulse | 41% | 45% | 37% | 40% | 41% | 40% | 47% |
| There has been no impact on my budget | 18% | 22% | 24% | 20% | 16% | 16% | 13% |
| I use my vehicle less, I make less trips and/or use public transit/walk more | 15% | 19% | 11% | 14% | 16% | 11% | 17% |
| I don't use my credit card to pay for day-to-day expenses as much as before | 11% | 12% | 12% | 10% | 12% | 10% | 11% |

How are you dealing with the effect rising food prices are having on your day-to-day budget?

Base: All Respondents n =3024

