



RBC 2014 Retirement Myths & Realities Poll: Men and women have very different expectations about how they will occupy their time during retirement

Not Retired

| | Gender | | |
|--|----------|---------|---------|
| | Total | Males | Females |
| | (n=1585) | (n=907) | (n=678) |
| | % | % | % |
| Travel | 74 | 74 | 75 |
| Taking time for myself | 65 | 62 | 68 |
| Volunteer work | 55 | 50 | 63 |
| Spending more time with my spouse/partner | 54 | 57 | 52 |
| Spending more time with my family (other than spouse/partner) | 44 | 37 | 53 |
| Spending more time with friends | 42 | 36 | 51 |
| Making a contribution/giving back to the community | 35 | 34 | 38 |
| Improving my health | 35 | 34 | 36 |
| As a/will be a snowbird (regularly going somewhere warm in the winter) | 34 | 34 | 34 |
| Improving my knowledge about finances | 9 | 10 | 8 |
| Starting a new career | 7 | 8 | 6 |
| Going back to school | 6 | 5 | 7 |
| Starting a new business | 5 | 6 | 4 |
| Other | 7 | 7 | 7 |

QC2. How are you spending your time in retirement? / How do you plan to spend your time in retirement?
Base: All respondents