



# 2013 RBC Retirement Myths & Realities Poll

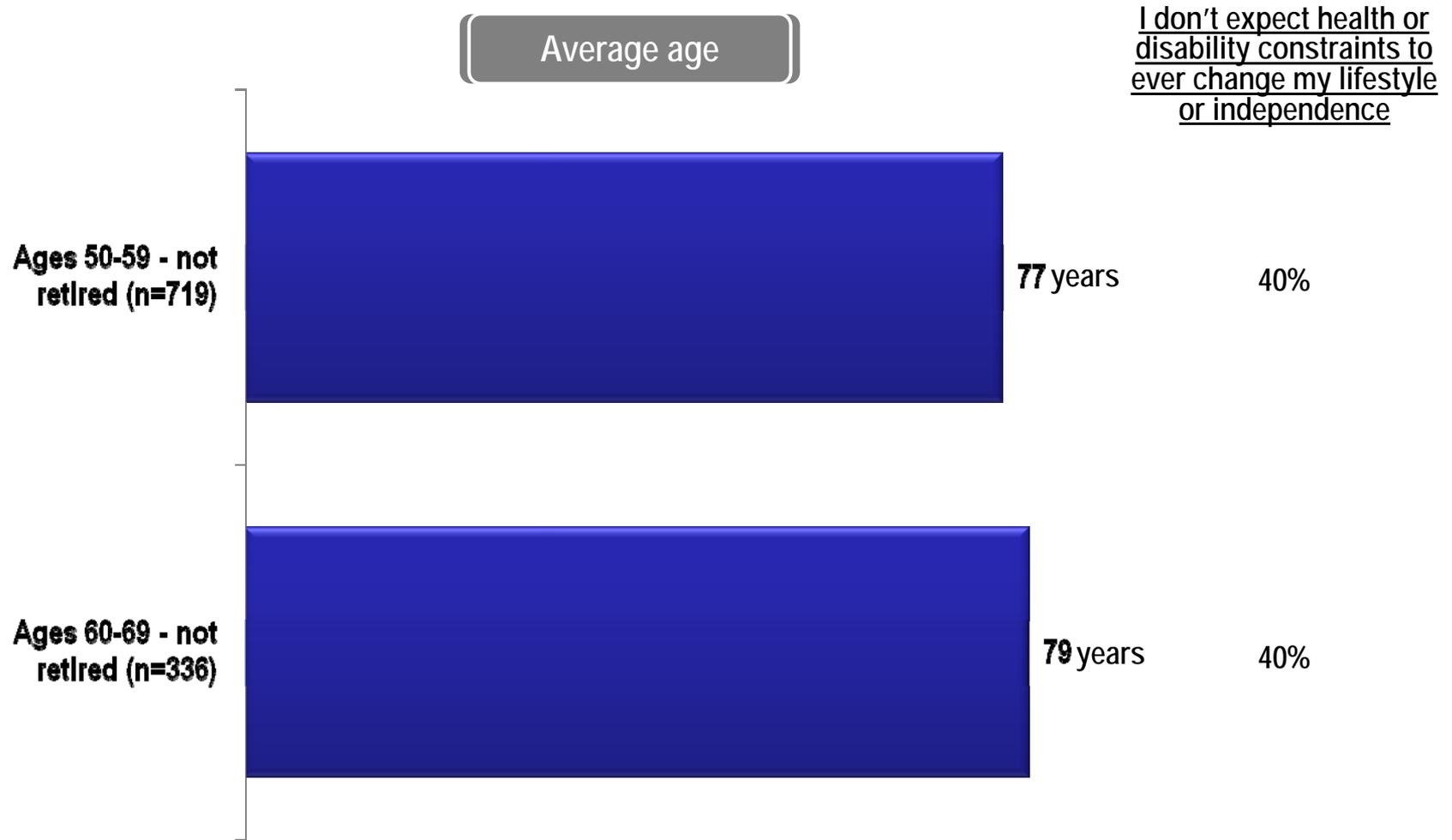
## Methodology

---

- Online interviews with a sample of 2,159 Canadian adults (aged 50 and over) with household assets of at least \$100,000
- Data for not retired versus retired are based on total sample sizes of 1,093 and 1,066 respectively
- Data collected February 27 – March 12, 2013
- Margin of error  $\pm 2$  percentage points, 19 times out of 20
  - Margin of error for retired sample  $\pm 3$  percentage points, 19 times out of 20
  - Margin of error for non-retired sample  $\pm 3$  percentage points, 19 times out of 20



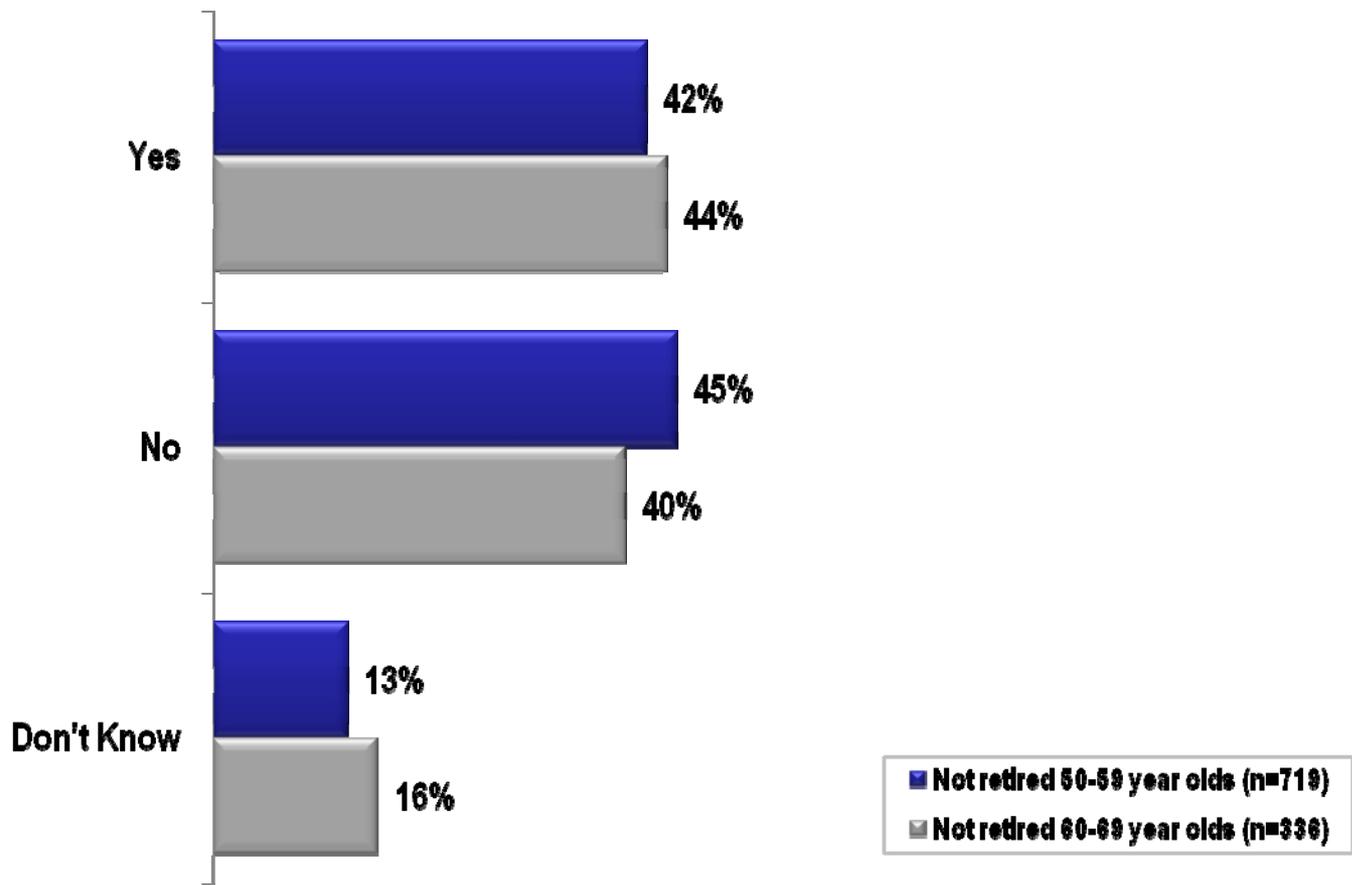
# 2013 RBC Retirement Myths & Realities Poll: Expectations of health constraints impact on retirement?



QB1cNEW. At what age do you think the lifestyle or independence you have now will change due to health or disability constraints?  
Base: All respondents



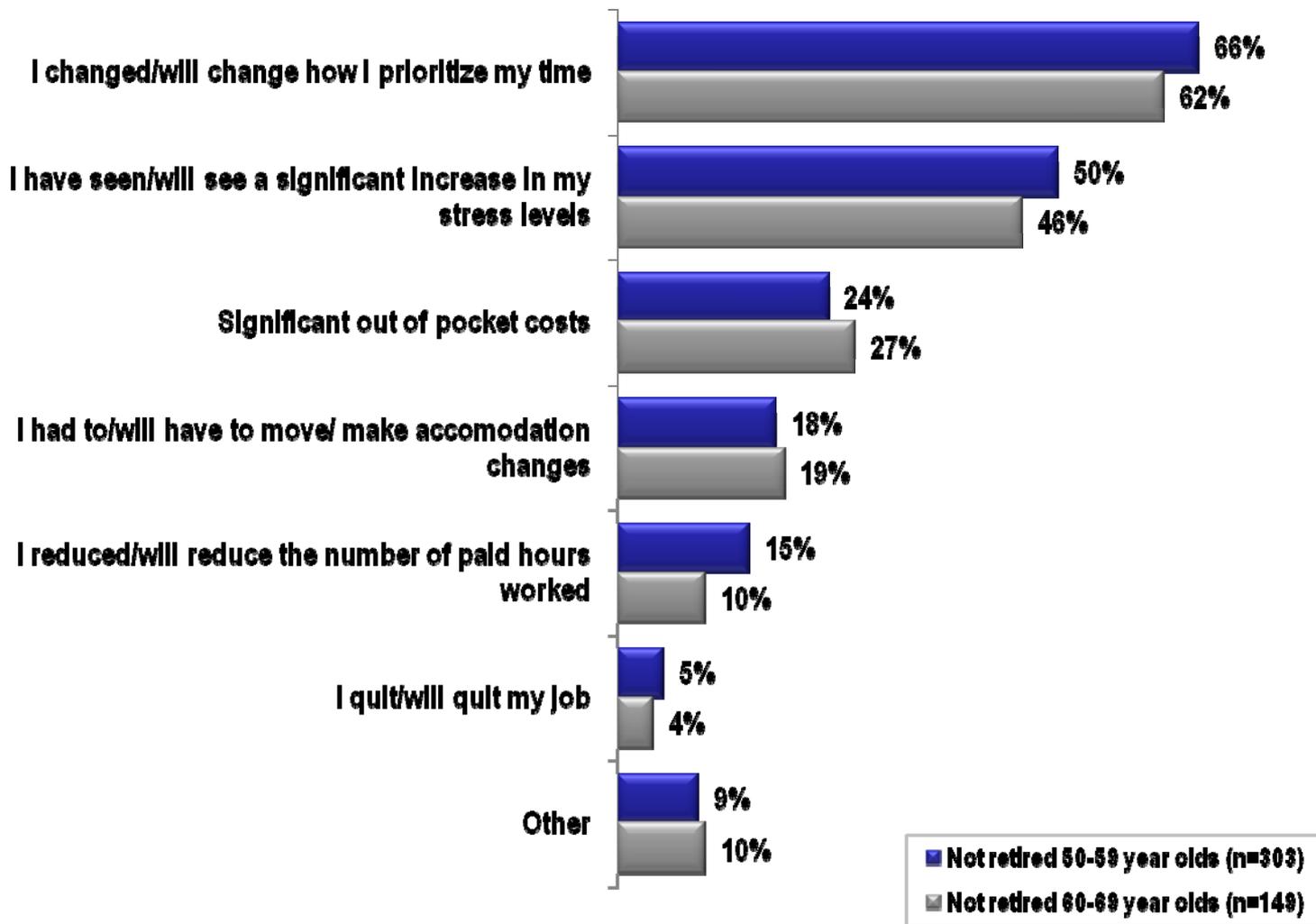
# 2013 RBC Retirement Myths & Realities Poll: Past, present and future role as caregiver to another adult?



QB10NEW. Have you ever, do you now or do you expect to provide informal caregiving to another adult? By adult caregiving, we mean providing care and/or support to an adult family member, friend or neighbor who has a physical or mental disability, is chronically ill or is frail.  
Base: All respondents



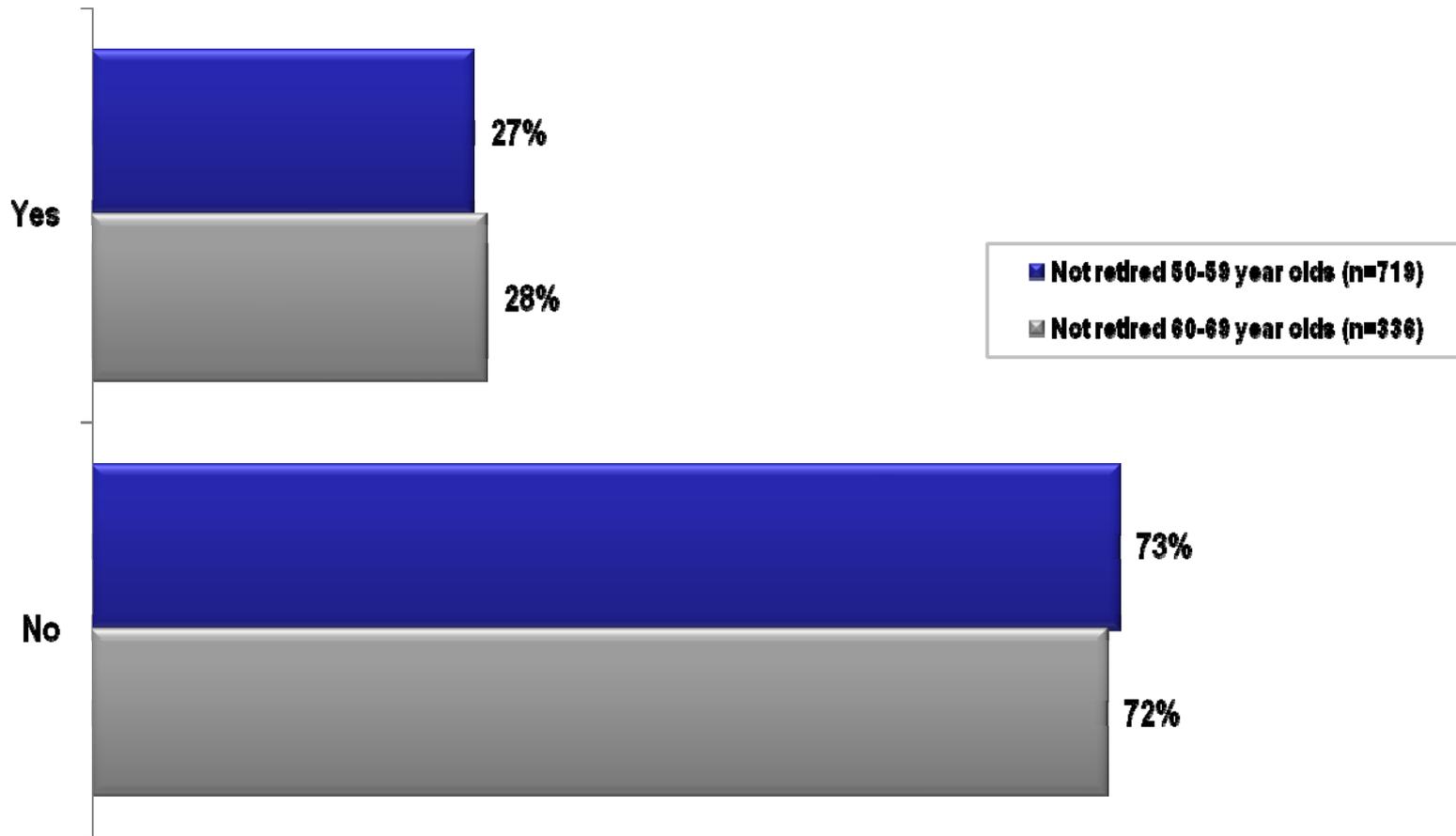
# 2013 RBC Retirement Myths & Realities Poll: Expected or actual impact of being a caregiver?



QB11NEW. How has, or how do you expect, being an adult caregiver affected/will affect you?  
Base: Expect to provide/provided adult caregiving



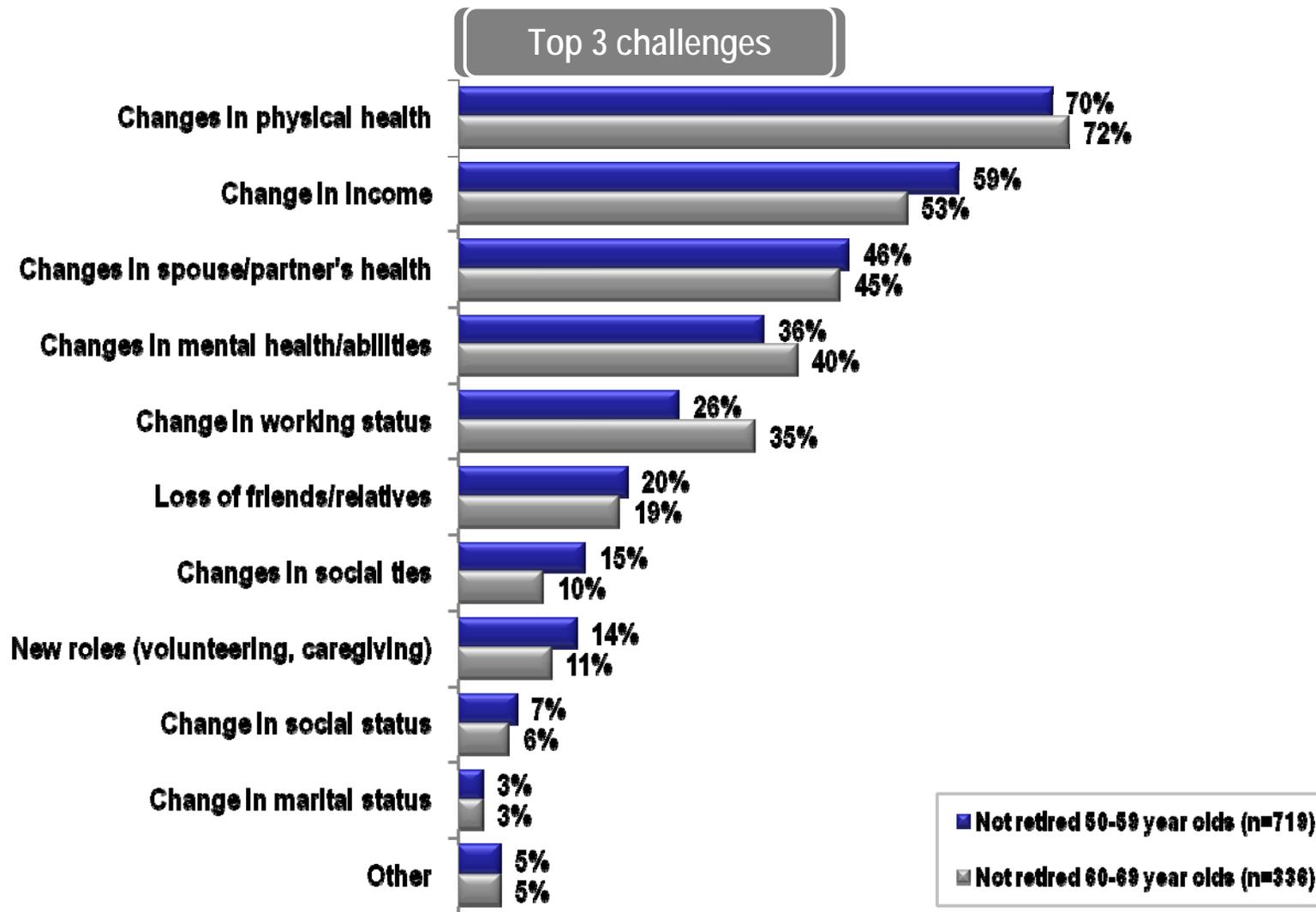
# 2013 RBC Retirement Myths & Realities Poll: Experienced significant health event/decline in past year?



QC11. In the past year, have you or has another member of your family experienced a significant health event or a decline in health overall?  
Base: All respondents



# 2013 RBC Retirement Myths & Realities Poll: Top 3 challenges in retirement?



QF1aNEW. [SUMMARY - RANK 1/3] The following is a list of changes that people often encounter once they retire. Which of these do you believe will be the 3 most challenging for you to adapt to?  
Base: All respondents