

# Mark James

## Sprint Canoe Dartmouth, NS

- 20-time National Championship gold medalist
- 2017 Senior World Championship Team member
- 14th place in C1 1000m – 2017 World Cup
- 9th place in C1 1000m – 2009 Junior World Championships
- 10th place in C1 1000m – 2013 U23 World Championships



# Mark James, RBC Olympian

When Mark was four, his parents signed him up at the Senobe Aquatic Club on the famous Lake Banook in Dartmouth as a way to keep him busy. Little did they know this experience would grow into a lifelong passion of his to give back to his community by volunteering on the board of directors at Senobe. After putting his canoeing career on hold to complete his Bachelor of Commerce at Saint Mary's University, he dedicated himself to a two-year training program with his girlfriend/teammate so he could say he tried everything. Having raced C2 1000m at the 2017 Senior World Championships and competing at all levels of competition aside from the Olympic Games, he is driven to take his experiences and pursue the 2020 Tokyo Olympic podium. Although daunting, he views representing Canada on this journey as a proud responsibility.

---

RBC® sponsors amateur sport, from grassroots programs in local communities to national sport associations and elite-level athletes. Since 1947, RBC has been Canada's longest-standing supporter of the Canadian Olympic Team.

---

[rbc.com/rbcolympians](http://rbc.com/rbcolympians)



PREMIER NATIONAL PARTNER



TM/OC