

Cynthia Appiah

Bobsleigh
Toronto, ON

- 2017 – World Cup, Pyeongchang, SK: 3
- 2017 – World Championships, Konigssee, GER: 6
- 2016 – World Cup, Whistler, CAN: 1
- 2016 – World Cup, Lake Placid, USA: 3
- 2016 – World Championships, Igls, AUT: 16



PREMIER NATIONAL PARTNER

Cynthia Appiah, RBC Olympian

A standout shot put and hammer throw athlete at York University, Cynthia is a third year brakemen on the Canadian bobsleigh team. Making her first World Cup Team in 2016 where she now pushes 2-time Olympic Champion, Kaillie Humphries, Cynthia has excelled with fast pushes and medal-winning performances at all levels while working her way through the system, sliding provincially and on the North America's Cup circuit.

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